

PROFESSIONAL TEAMS

Sunday Race 8/16/09

Update 7/23/09

Registration deadline has been extended to 8/3/09 due to the Long Beach Races. Please have your registration postmarked by 8/3/09.

Pro Team:

You are considered a Pro team if you fall under one or more of the following:

- 1) Have an established team that practices more than 3 times a year.**
- 2) Have raced in organized Dragon Boat events in the past.**
- 3) Have your own dragon boat paddle and a team shirt.**

If you are a pro team you cannot race on Saturday with the novice teams. It would be unfair to the beginner participants. You can race as an individual on Saturday and be put on a novice team, if space is available.

Team size:

You may enter as a:

- 1) Full team of 18-20 paddlers plus drummer and steerer **or****
- 2) Short team of 12 paddlers plus drummer and steerer.**

The registration fee of \$200.00 is the same for either size team as you are reserving the boat. It is not a per person fee.

You may enter for both full and short team but the registration fee must be paid for each entry. Please indicate full or short team on your registration form.

Team Categories:

Men's – all men, no women

Women's – all women, no men

Mixed- For a Full Team of 18-20 paddlers no less than 6 women. Women can be the drummer and steerer and do not have to be a paddler.

Mixed - For a Short Team of 12 paddlers, no less than 3 women. Again women can be a steerer or drummer and do not have to be a paddler.

For all entries Pro teams must have their own steerer and drummer.

(FYI - there are no categories for Saturday novice team as all boats are mixed).

Race:

Race is 300 meters.

All boats race at the same time, that is, Short Teams and Regular Teams do not race separately.

The Short Team will be given a 50 meter head start to make up for the difference in number of paddlers.

1) The start line - all boats (per each category and per schedule which will be mailed out before race) will line up at the 300 meter buoy.

2) After alignment of all boats at the start line, the first air horn blast will signal the Short Team(s) to start paddling.

3) When the first (fastest) Short Team paddles 50 meters and crosses the 250 buoy mark, a second air horn blast will sound signaling the Regular Teams to start paddling.

4) At that point all boats are racing towards the finish line. The first boat to cross the finish line is the winner of that heat along with the placement of second and third places.

Race times will be recorded but are not official. We will not have cameras for photo finishes but judges will be sitting at the finish line for close calls.

Medals will be awarded for First, Second and Third places in the 3 category for Full and Short teams combined.

Directions: From 210 freeway exit Waterman Avenue, (sign also says Crestline and Highway 18). Go north towards the mountain stay on road for 11 miles. Exit at Crestline cut off, Highway 138. Stay on 1.2 miles. You will come to the crest and a stop sign. Go straight through the intersection it becomes Lake Drive. Follow the signs to Lake Gregory and go through the town.

When you come to the 7/11 convenience store, the lake is in front of you to the right. Once at the 7/11 intersection, to get to South Beach, turn right on Lake Gregory Drive and left t on St. Moritz Drive. The South Beach parking lot will be on the left.

Parking is free.

The South Beach Gate will open at 7:00 am. Races are expected to start at 9:15 am.

Please note the lake is at an altitude of 4,500 feet. Please take whatever precautions necessary to be acclimated to this change from sea level prior to engaging in strenuous physical activity.

The South Beach shoreline is dotted with pine trees and relatively shady, however, it is anticipated it will be warm and shade canopies are permitted. An area will be designated for team set up.

There is also a large shade structure that accommodates 100 people that is reserved for the event. There are BBQs grills and picnic benches at the structure.

Food is available at the Park snack bar across the lake at Main Beach. There is also a deli/ bakery across the street and it is anticipated there will be a BBQ wagon food vendor for hamburgers and hot dogs at South Beach. The Park does not allow alcohol or glass containers in the South Beach area.

There are also several restaurants and fast food dining in town within walking distance.

If your team does not do well, the lake also offers a waterslide and aquacycles for rental.

This is for fun 😊 and a good cause. Thank you for joining us.